



CALLOWAY COUNTY COOPERATIVE EXTENSION

FAMILY & CONSUMER SCIENCES

March 2025

Happy March!

March is here, bringing fresh opportunities to learn, create, and connect! We're excited to welcome back our **Second Saturday Sewing Studio**, where we'll be making a handy thread catcher, and our **Creative Craft Workshop**, which is taking a groovy trip back to the '70s with a macrame class. As always our monthly favorites- **Cooking Through the Calendar, Laugh and Learn, and WITS Workout**- continue to offer engaging ways to expand your skills and stay active. Plus, don't miss our special **Spring into Green** event- check out this newsletter for all the details! Since March is **Living Well Month**, be sure to explore the calendar for inspiring ideas to enhance your well-being.



Reminders

- RSVP for Second Saturday Sewing Studio
- Register for Spring into Green
- Register to volunteer for Reality Store

Upcoming Events

MARCH

8 Second Saturday Sewing

17 Spring into Green

19-20 Reality Store

Office Info

93 Extension Way
Murray, KY 42071
270-753-1452
8:00am-4:30pm
calloway.ca.uky.edu

FCS Agent: Debbie Hixon
debra.hixon@uky.edu



Calloway FCS

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities
accommodated
with prior notification.

Calendar of Events

March 1	Shooting Sports	Meeting Hall	9-11am
March 1	Creative Crafts Workshop	Meeting Hall	1-3pm
March 7	Laugh & Learn	CCPL	10am
March 8	Second Saturday Sewing	Lee Furst Cabin	9-11am
March 11	Cooking thru the Calendar	CCPL	10:30am
March 11	Modern Homesteaders Mtg	Meeting Hall	6:30pm
March 12	Town and Country	???	11am
March 12	Quilt Lovers Charity Sew	Meeting Hall	9am-4pm
March 14	WITS Workout	Murray Senior Ctr	10am
March 17	Happy St Patrick's Day		
March 17	Spring Into Green	Marshall Co. Ext. Office	9am
March 18	Quilt Lovers Meeting	Meeting Hall	5pm social 6pm mtg
March 19-20	Reality Store	FOR Center	8am-3pm
March 20	Camp Graves Health Fair	Meeting Hall	9am-5pm
March 21-23	Quilt Lovers Retreat	Meeting Hall	9am-4pm
March 25	Friendship Meeting	JoAnn Harris	6:30pm
March 27	Happy Hearts Meeting	Meeting Hall	11am
March 28	WITS Workout	Murray Sr. Ctr	10am
March 31	Area Cultural Arts	Graves Co. Ext	9:30am
April 1	Shooting Sports	Meeting Hall	9-11am
April 1	Creative Crafts Workshop	Meeting Hall	1-3pm

Attention!!! The March Cooking Through the Calendar will be postponed for one week due to scheduling conflicts. It will be held on Tuesday, March 11 at 10:30 am



Purchase Area FCS Agents present...



SPRING INTO GREEN: SUSTAINABLE LIVING

Featuring..



Sarah Drysdale



John David Tucker



Rhonda Lamb

Session Topics will be:

Repurposing Tips -- Composting -- Rain Barrels & Effects of Stormwater

Register at your local Extension Office by March 7. \$15 registration includes refreshments & buffet lunch from Magic Valley.

March 17, 2024 9:30-1:45 Marshall Co. Extension Office 2081 Mayfield Hwy. Benton KY 42025

- Educational Resources
- New Ideas
- Fellowship
- Door Prizes
- Lots of Fun!

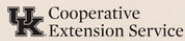
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Get your tickets by March 7 at the office

Join in the fun!



MACRAME KEY CHAINS

PRESENTED BY CRAFTER JAX RICHARDSON OF JAX APOTHECARY

JOIN US TO LEARN THE HANDCRAFT OF KNOTTING: MACRAME

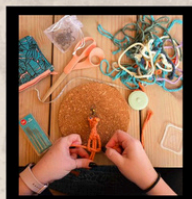
LEARN A FEW BASIC KNOTS, CREATE A PATTERN, COLOR COMBINATIONS AND KEYCHAIN MAKING



SATURDAY, MARCH 1 1:00 PM - 3:00 PM

ALLOWAY COUNTY EXTENSION MEETING HALL

93 EXTENSION WAY MURRAY, KY



\$15 MAKE 3 KEY CHAINS!

REGISTER BY CALLING 270-753-1452



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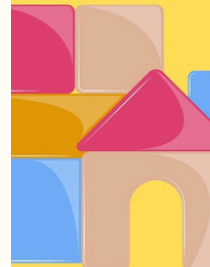


Laugh & Learn

Calloway County FCS & Calloway County Public Library

Come learn skills for your little one before they enter kindergarten!

- First Friday of each month
- Practice Pre-Kindergarten Skills
- Must be accompanied by an adult



 @Calloway county FCSextension	Sept. 6th	Oct. 4th
	Nov. 1st	Dec. 6th
	Jan. 3rd	Feb. 7th
	March 7th	April 4th
	May 2nd	June 6th
Calloway Co. Public Library @ 10:00		

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Family and Consumer Sciences 4-H Youth Development Community and Economic Development

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Homemakers Corner

Congratulations to all the Calloway Homemakers who participated in the Cultural Arts event. We had a total of 77 entries with 22 of those earning Purple/Blue ribbon placings making them eligible to advance to the Area Cultural Arts competition. Area competition to be held at Graves County on March 31, registration will begin at 9:30am, judging at 11am pick up at 1pm. Eve Adams acrylic painting won the Viewer's choice award. Congratulations to Eve!



	All classes start at 10am	Graves	Hickman	Marshall	McCracken
Lesson	Gardening Safely	Graves 270-257-2334	Hickman 270-653-2231		
APR	Debra Hixon	3/25	3/27	3/26	3/28
Lesson	Healthy Eating Around the World	McCracken 270-544-9520	Marshall 270-527-3285		
MAY	Anna Morgan	4/30	4/29	5/1	5/2

2025 Calloway County Cultural Arts Competition was held Wednesday, February 26, 2025, with a total of 77 entries. We had 2 non-homemaker judges to judge for us. Here are our purple ribbon winners.

2025 Calloway County Purple ribbon winners

Sewing (Apparel & Home Decor)- Basic Garment APPAREL --Purple/Blue- Vickie Jost

Sewing (Apparel & Home Decor)- Specialty Garment APPAREL --Purple/Blue- Vickie Jost

Sewing (Apparel & Home Decor)- Basic HOME DECOR --Purple/Blue- Maryann Louis

Art, Recycled- Clothing --Purple/Blue- Vickie Jost

Counted Cross-Stitch- 14 Count & Under --Purple/Blue- Judi Little

Crochet- Home Decor & Afghan --Purple/Blue- Pat Gill

Doll/Toy Making- Cloth --Purple/Blue- Vickie Jost

Drawing- Pen & Ink with Oil Roughing --Purple/Blue- Kevin Henson

Embroidery- Machine --Purple/Blue- Vickie Jost

Embroidery- Miscellaneous --Purple/Blue-Victoria Frederick

Holiday Decorations-Autumn --Purple/Blue- Vickie Jost

Holiday Decorations- Winter Blue/Purple-Robin Bracken

Jewelry- Beaded --Blue/Purple- Tammi Mitchell

Painting, Art- Acrylic --Purple/Blue- Evelyn Adams

Painting, Art- Watercolor --Purple/Blue- Tammi Mitchell

Painting, Decorative- Other --Purple/Blue- Kenneth Vazquez

Photography (mounted or framed)- Color --Purple/Blue-Victoria Frederick

Quilts- Machine Applique (machine quilted) --Purple/Blue-Vickie Jost

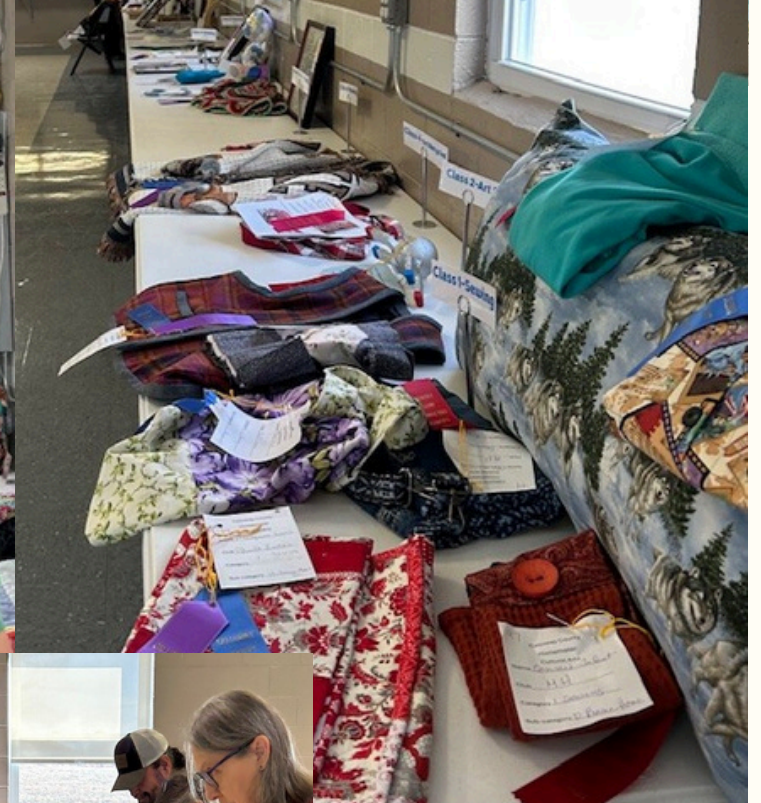
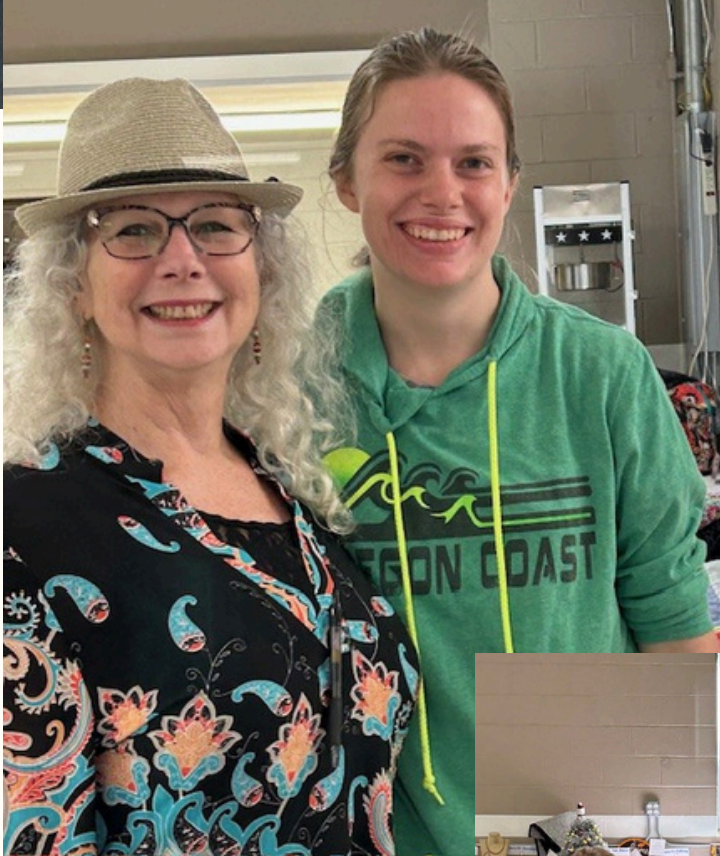
Quilts- Machine Pieced (machine quilted) --Purple/Blue-Vickie Jost

Paper Crafting- Quilling --Purple/Blue- Myrna Vazquez

Weaving- Loom (includes pin weaving)-- Purple/Blue- Judi Little

Miscellaneous --Purple/Blue- Vickie Jost





Club News

Creative Crafts Workshop meets Saturday March 1 from 1pm-3pm at Meeting Hall. Macrame Key Chains will be the project.

Friendship Club will meet at JoAnn Harris' home on Tuesday, March 25 at 6:30 for a meeting and potluck.

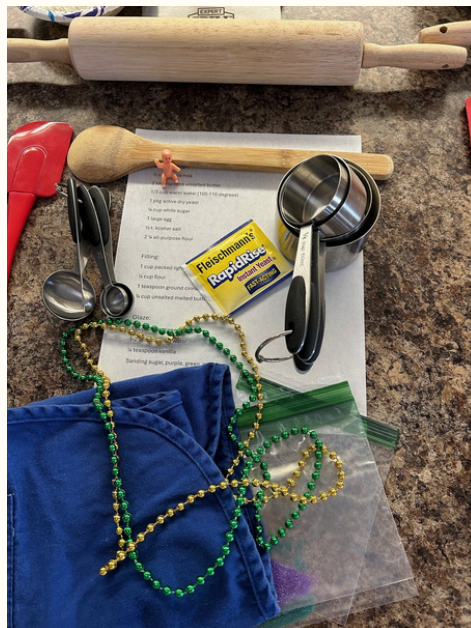
Happy Hearts will meet at the Ribbon Shed store on south 12th St for lesson and meeting at 11am. Lunch will be at Sirloin Stockade.

Modern Homesteaders will meet at 6:30pm on Tuesday, March 11 at the Meeting Hall. 4-H agent, Calyn Colston, will present the lesson on growing your own mushrooms.

Quilt Lovers will meet for social hour at 5 and meeting at 6 on Tuesday March 18th.

Shooting Sports will meet Saturday March 1 from 9-11am. Safety and shooting lessons are on the agenda.

Town and Country will meet on Wednesday, March 12 at 11am. Location yet to be determined.



Reminder- next King Cake class is Friday, February 28 from 10am-12pm. Bring cookie sheets!

Reality Store- FOR Center- March 19-20

Reality Store is a hands-on financial simulation designed to help youth understand the real-life costs of adulthood. Participants are assigned a career and salary based on their education level, then navigate a series of financial decisions- such as housing, transportation, childcare, groceries, and unexpected expenses. Along the way, they experience the challenges of budgeting, managing debt, and making informed choices about spending and saving. This interactive program encourages critical thinking and helps young people see the value of education, financial planning, and responsible decision-making for their future success.

We are looking for **adult volunteers** to help make this event a success! Volunteers can sign up for a morning or afternoon shift- or stay all day. **Lunch will be provided.** If you're interested in making a difference and guiding students through this valuable learning experience, we'd love to have you join us! Call our office to sign up!



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Equal Opportunity Office, Martin-Gatton College of Agriculture, Food and Environment, University of Kentucky, Room S-105, Agriculture Science Building, North Lexington, Kentucky 40546,

the UK Office of Equal Opportunity, 13 Main Building, University of Kentucky, Lexington, KY 40506-0032 or

US Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410.