

Contact Us!
93 Extension Way
Murray, KY 42071
270-753-1452

2022



Calloway County Extension

REPORT TO THE PEOPLE

MEET THE STAFF



The newest member to our team!
FCS Agent: Debbie Hixon

ANR Agent: Matt Chadwick
4H Agent: Calyn Colston
NEP: Myrna Vazquez
Staff Assistants: Katie Powell
& Anna Wilkins

HOW CAN YOU GET INVOLVED?

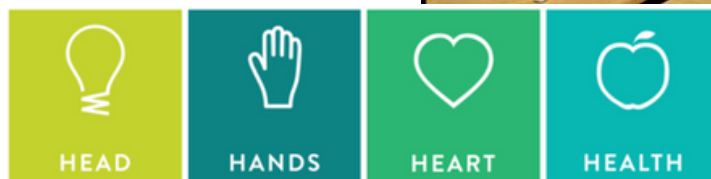
ADULT


- Volunteer
- 4H Club Leader
- District Board Member
- 4H Council
- ANR Council
- Homemaker Clubs/Council
- Master Clothing Volunteer
- Master Gardener

YOUTH

- 4H Clubs
- 4H Summer Camp
- 4H Day Camps
- Leadership
- Competitions

4H CLUBS & NEWS



Our Calloway 4-H Youth Development Program is committed to building our youth into outstanding leaders with marketable skills to succeed in today's society. We do that through our volunteer led community clubs, teacher led after-school clubs, and agent led in-school clubs and specialty programs. Youth grow and learn through fun and interactive experiences in the areas of agriculture, health, family and consumer sciences, leadership, communication, expressive arts, natural resources, and science, engineering, and technology. Check out the **Calloway County 4-H** Facebook page to see what our county youth are experiencing in 4-H. 

*4H Youth Development Agent
-Calyn Colston*

FAMILY & CONSUMER SCIENCES

Learning is a lifetime of new adventures and I have started a new one! After many years of teaching, I decided to change directions and become your new FCS agent. My name is Debbie Hixon and I am looking forward to meeting and learning with new friends.

*Family & Consumer Sciences Agent
- Debbie Hixon*



HOMEMAKERS

The Calloway Homemakers continue to meet regularly and serve the community of Calloway County. Recent service projects included collecting and sending t-shirts to flood victims in Eastern KY.

If interested in joining Homemakers please contact our office at 270-753-1452.



AG & NATURAL RESOURCES

Post-Drought Hay and Pasture Meeting

In the Summer and Fall of 2022 we experienced the worst drought conditions that we have experienced in over a decade. Calloway County stayed in a D-4 drought status for over 3 consecutive weeks and 6 weeks total according to the Farm Service Agency. This greatly limited most producers from harvesting an adequate supply of hay. Additionally, I noticed from visual observations that most producers had moderately to severely over grazed their pastures by mid-September and had begun to feed their winter hay reserves.

In the fall I started receiving multiple phone calls on this topic, after speaking with a few members of the Ag Advisory council it was decided that we needed to host an emergency meeting on this topic as soon as possible. I worked with the Ag Council members to develop topics, and select specialists to come speak. After booking the speakers and confirming the date I pulled in cooperating partners from River Valley Ag Credit and the Adult Ag Program to help with set-up and advertising. All of this was put together in less than 24hrs so that notices could be sent out with two weeks of warning. The meeting had excellent attendance and drew in producers from multiple counties and states.

*Agriculture & Natural Resource Agent
- Matt Chadwick*



**Kentucky Extension
Master Gardener**



NUTRITION EDUCATION

The Nutrition Education Program assistant has delivered the Healthy Choices for Every Body program to adults. The program teaches the topics of My Plate, Know the Limits, Meal Planning, Reading Labels, Eating Better on a Budget, Keep Food Safe and Breakfast. Adults have been able to have hands on experience by preparing recipes at each lesson and experiencing tasty and flavorful recipes which they can incorporate to their plan of a healthy life.

NEP has also delivered the LEAP program; Literacy, Eating and Activities for Primary. LEAP uses storybooks and activities to teach children about nutritious foods, healthy eating habits, hand washing, food safety and being physically active. Target Audience: Children and their caregivers! Pre-K through 3rd grade.

*FCO Program Assistant Senior & NEP
- Myrna Vazquez*



*NEP Healthy Choices for Every Body
Salad Dressing
Fall 2022*



*NEP Healthy Choices for Every Body
Breakfast
Fall 2022*



College of Agriculture,
Food and Environment
Cooperative Extension Service

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University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.